

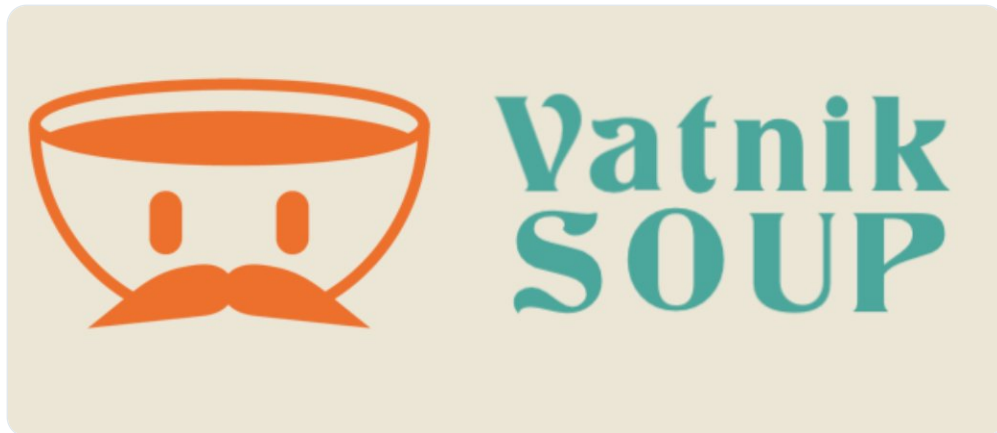


**Pekka Kallioniemi** @P\_Kallioniemi

Jul 6, 2025 · 15 tweets · [P\\_Kallioniemi/status/1941764895776600393](#)

In today's Vatrik Soup, I'm going to talk about... Vatrik Soup! As some of you know, we also have a website where you can find every soup ever published. The site also has other useful resources, making it the most comprehensive resource on Russian disinformation & vatniks.

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Unfortunately, Elon has flagged the website as malware, as he might not be very happy about the soups I wrote about him - so far, they have garnered over 60 million views on X/Twitter.

The "freedom of speech" spokesperson doesn't seem too keen on free speech, after all.

2/15



# Vatnik SOUP

Soups & side dishes  
Follow & support  
More about...  
Language

## What is Vatnik Soup?

**Vatnik Soup** is a series of social media threads, podcasts, articles and books about **pro-Russian propagandists** (“vatniks”) from around the world, be they so-called “independent journalists”, politicians or military personnel, whether they’re naive fools or cynical grifters.

The series also offers deeper insights into how online **propaganda** works and is spread, such as **social media manipulation** through **troll farms**, Kremlin-crafted memes and narratives and coordinated **fake news** campaigns.

I feel like it is important to introduce these bad actors along with the strategies they employ in the information space. Only this way can we grasp the sheer scale of the **disinformation** trying to influence us and pursue the one thing that’s usually the first victim of war: **truth**.

## Latest Soup



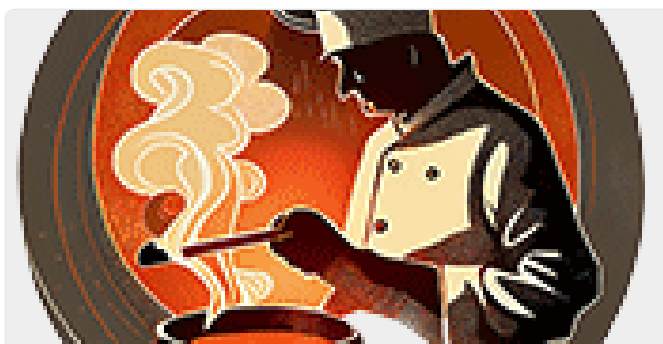
[Wumao Soup](#)



[Random Soup](#)

The heart & soul of the website is of course the soups page. There you can find all 360+ soups, which can be sorted chronologically, by popularity, etc. You can also search for soups by title or even in the soup text:

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### The Soups | Vatnik Soup

#vatniksoup is a Twitter thread series (and a hashtag!) where I'll introduce pro-Russian actors and propagandists from around the world, be they so-called “independent journalists”, politicians, mili...

<https://vatniksoup.com/en/soups/>

Most soups can also be listened to as audio and we also store them as PDF, just in case Elon one day decides to delete the whole series. Many of the threads can also be found on the

other site, you know the one where the sky is more blue.

4/15



For those who are just getting into the topic of Russian propaganda and online disinformation, we have prepared a starter pack:

5/15

A photograph of a woman with long blonde hair and a beard, wearing a blue and red long-sleeved shirt, leaning over a young child with blonde hair wearing an orange shirt. They appear to be looking at something together.

**Where to start? | Vatnik Soup**

#vatniksoup is a Twitter thread series (and a hashtag!) where I'll introduce pro-Russian actors and propagandists from around the world, be they so-called "independent journalists", politicians, mili...

<https://vatniksoup.com/en/intro/>

If conversely you are researcher wanting to dive deeper, head over to the topics pages, for a hand-picked selection of categorized soups, articles, documentaries and books:

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A stylized illustration of a person in a dark coat and hat, holding a spoon and stirring a pot of soup. The background is a warm, orange-red color with a circular pattern.

**Topics | Vatnik Soup**

#vatniksoup is a Twitter thread series (and a hashtag!) where I'll introduce pro-Russian actors and propagandists from around the world, be they so-called "independent journalists", politicians, mili...

<https://vatniksoup.com/en/topics/>

All of our long-form videos, interviews and podcasts can also be found from the site:

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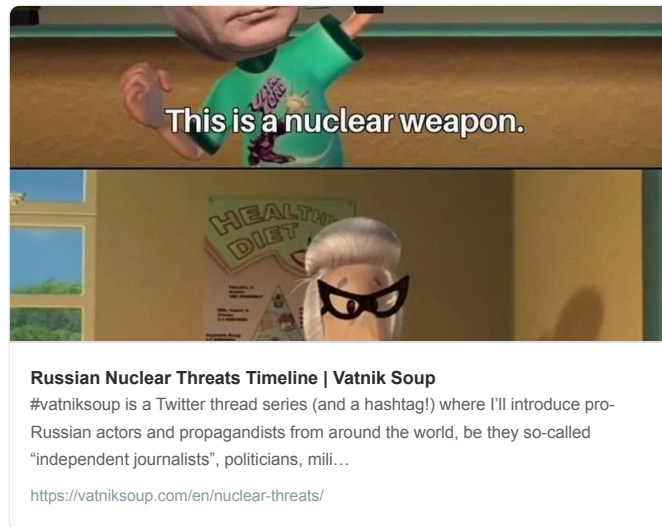
My op-eds on the Byline Times and Baltic Sentinel are also listed:

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Remember those famous "Russian red lines"? Well, we have archived all of their nuclear threats since 1999 (original list by @cuthbot.bsky.social ) and update it regularly so that you can find the latest threat to panic about:

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There's also a long list of threads we have found interesting and useful throughout the years (feel free to produce and suggest your own "unofficial Vatnik Soups"!):

10/15



We've also archived and organized the beautiful "Vatnik Baseball Cards" collection, crafted by @LavrovsFELLA . Many of those lovely vatniks have linked soups already:

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A collection of 'Vatnik Soup' baseball cards. The top card features a woman with blonde hair and a red lip, with the text 'Vatniks UNDEAD SPECIAL' and a blue hand icon. Another card to the right shows a woman in a yellow dress with a yellow flower in her hair, with the text 'Vatniks THEM ALL! Day of life'.

**Vatnik Baseball Cards | Vatnik Soup**  
#vatniksoup is a Twitter thread series (and a hashtag!) where I'll introduce pro-Russian actors and propagandists from around the world, be they so-called "independent journalists", politicians, mili...  
<https://vatniksoup.com/en/vatnik-cards/>

And for terminology, we have created a vatnik dictionary:

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A cartoon illustration of a man with a grey face, a large red nose, and a purple eye. He has a sad expression and is wearing a red shirt. The background is blue and red, resembling the Russian flag.

**Vatnik Dictionary | Vatnik Soup**  
#vatniksoup is a Twitter thread series (and a hashtag!) where I'll introduce pro-Russian actors and propagandists from around the world, be they so-called "independent journalists", politicians, mili...  
<https://vatniksoup.com/en/vatnik-dictionary/>

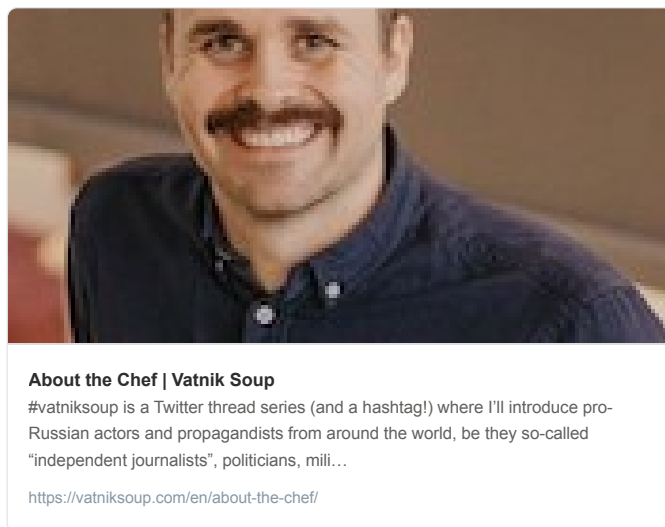
Many soups and resources are also available in a dozen other languages (and we're still looking for fellas who want to help with translations, proofreading, or even write exclusive local soups!), from the language menu:

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If you want to know more about yours truly, there's a long list of interviews, podcasts, etc. in here:

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Of course, you can also order my book from the website:

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#### **The Book | Vatrik Soup**

#vatniksoup is a Twitter thread series (and a hashtag!) where I'll introduce pro-Russian actors and propagandists from around the world, be they so-called "independent journalists", politicians, mili...

<https://vatniksoup.com/en/books/>

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