



Pekka Kallioniemi @P_Kallioniemi

Oct 10, 2025 · 24 tweets · [P_Kallioniemi/status/1976607084046344357](#)

In today's Vatnik Soup, I'll introduce American propagandist Alexandra Jost, aka "Sasha" (@sashameetsrus). She's best known for being paid by the Russian state to spread pro-Kremlin propaganda — and for doing it with a big smile.

1/23



Alexandra, now 26, was born in Hong Kong. Her father is from Texas, and her mother is from Siberia. According to her, she has “dreamed of living in Russia since childhood.” Sasha's mother runs a dance studio in Moscow and her younger brother is avoiding mobilization.

2/23

Many foreign citizens strive to move to Russia. For them, the country is a Noah's Ark and the last stronghold of traditional values. This was stated during the thematic programme "Platform of the Future: 100 Projects of Russia" at the National Centre RUSSIA by Russian-American blogger Alexandra Jost.

*"My father is from Texas, my mother is from Siberia, but since childhood I have dreamed of living in Russia. Three years ago my dream came true: I not only moved here but also persuaded my whole family to move to Russia, including my American father. And we are not the only ones. In fact, now many foreigners want to move to Russia and even do so. They see this country as a kind of Noah's Ark, as the last stronghold of traditional values, which no longer exist in the West," said **Alexandra Jost**.*

She stressed that for her it has always been a mission to show Russia as it is, in a way that foreign citizens have never seen it.

"Now hundreds of thousands of people online are watching this. Moving to Russia was the best decision of my life. I love this country, I have a Russian soul, and I see Russia as a land of opportunity. Everyone talks about the American Dream, but in fact I believe that there is also a Russian Dream. I believe in our future, in Russia as a country of opportunities and prospects," she emphasised.



Sasha Meets Russia ✓

@sashameetsrus



Happy World Teachers' Day 🍁 🇷🇺

Especially to my mom, who pours her heart into her students and her children. Without her, I wouldn't know the Russian language, traditions, literature, and so much more. Thanks to her, I've loved Russia since childhood. Teachers are true heroes!



Since the beginning of her creator career, Sasha has been adamant about one thing: that she's "never had to be paid" to speak of her "love" for Russia. But, as always with Russia, this turned out to be nothing but vranyo — a Russian "tactical lie."



Sasha Meets Russia 🇷🇺 🇺🇸

7,982 subscribers



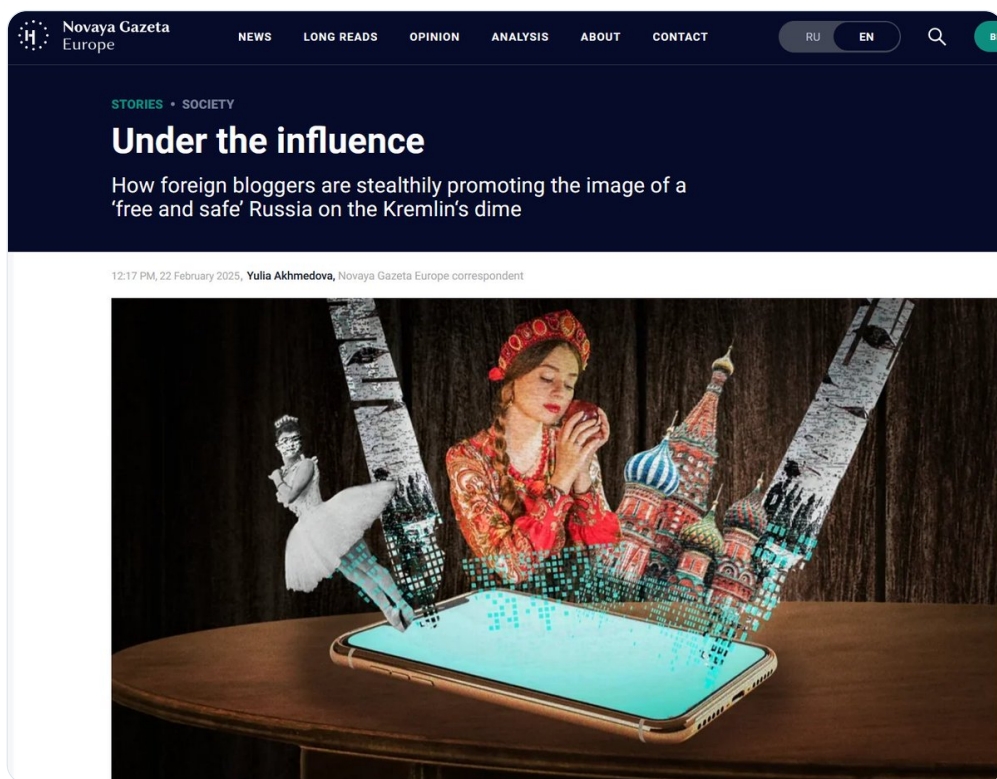
Pinned message

Over the past week I have seen many info agents wh...



Over the past week I ha 11 April many info agents who have been scrambling for their last USAID pennies writing nasty things about me in their yellow press. First, I would like to say that I've never had to be paid to speak of my love for Russia. I have been a patriot of Russia and have defended the truth about this country since I could talk. Anyone who knows me can attest to that. Also, it's funny to assume that you have to be paid as a foreigner to speak highly of Russia. Secondly, it's sad that those who consider themselves 'journalists' would stoop so low as to make me, a young girl who just posts about her travels and life in Russia, their main villain (I will take being Russia's #1 propaganda girl as a compliment thank you). I guess the fact that I live a great life here, that millions of people watch my videos, and that I show the beauty of Russia to the world is something their hateful jealous hearts cannot accept. Why? Because when someone's mission is to bring light and positivity to others, evil will do anything to try and bring them down. But they won't bring me down. I'm going to continue doing what I'm doing, I will never back down, because the truth, and goodness, always shall prevail. 🇷🇺 And as they say, any press is good press (even if its yellow) 😊

According to the Russian investigative outlet iStories, Jost has been on the payroll of Russian state media TV Novosti. Her 2023 tax data showed she was paid about \$2,000 per month, though there's a good chance she also received bonuses ("nadbavki").



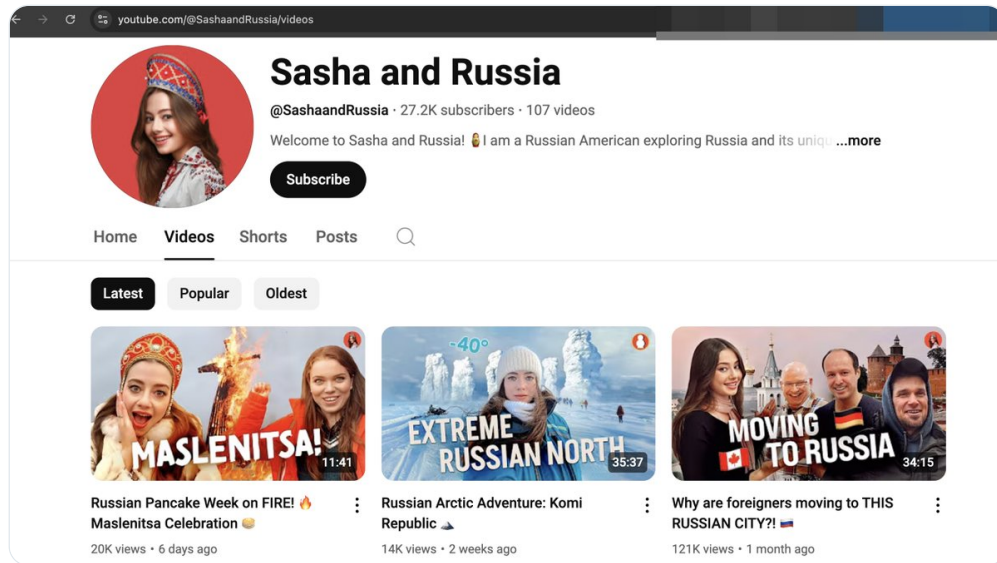
As previously reported by Novaya Gazeta Europe, Jost also receives funding from RT, which she has never disclosed. Reporters from iStories have obtained a document showing that her payments averaged 170,000 rubles (\$2,000) per month in the first three quarters of 2024. Jost did not respond to requests for comment.

On occasion, she and her fellow RT-supported influencers have covered the same story. In May 2024, Jost published a video covering a display of dozens of “war trophy” Western tanks, captured during the war, in Moscow’s Victory Park.

Lipp, “Russian Code,” and “Real Reporter” all covered the display as well. It became one of Real Reporter’s most successful videos, gathering 3.7 million views.

With reporting by Daniel Laufer (Paper Trail Media), Laurin Lorenz (der Standard), and Hannes Munziger (Paper Trail Media).

Alexandra’s content has high production value, and her videos have performed relatively well across various platforms. Most of her social media output revolves around one idea: portraying Russia in a positive light for foreigners while encouraging them to emigrate there.



At first, she claimed to be “apolitical” and mostly produced romanticized videos about life in Russia and the “Russian soul” — you know, the kind that conveniently avoid showing the poverty, violence, and other grim realities deeply embedded in Russian society.

6/23



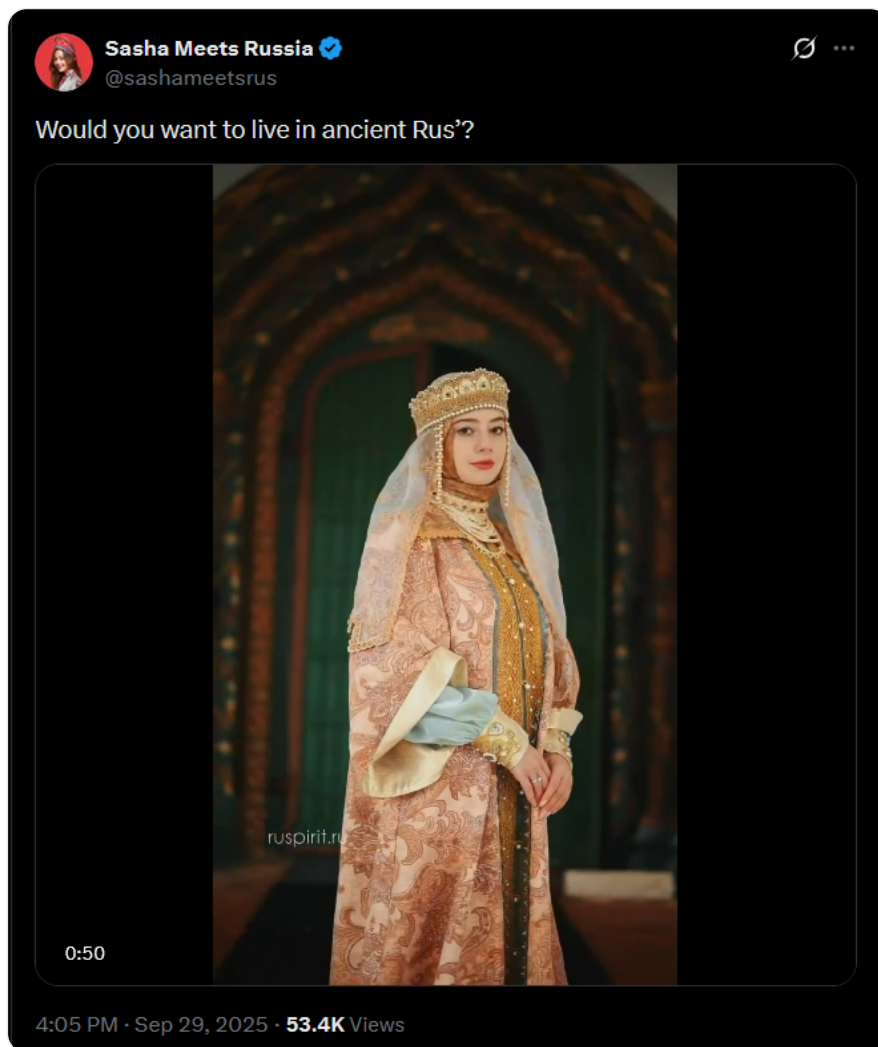


Sasha Meets Russia 
@sashameetsrus



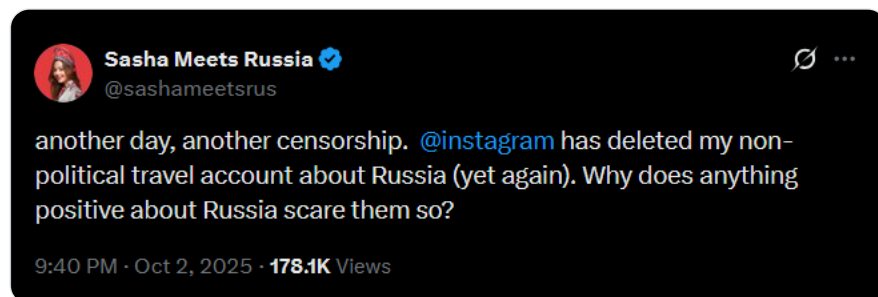
The Russian soul can never be defeated. ✂️





After being exposed as a paid propagandist, Jost's social media channels disappeared from YouTube, Instagram, and TikTok. As is tradition, the fan of the authoritarian dictatorship complained about "censorship," even though these platforms clearly prohibit state propaganda.

7/23



Banned on most platforms, Sasha finally found her home on Elon Musk's X. She quickly garnered a fervent following — and even started talking politics! Suddenly, the "apolitical" travel vlogger had plenty to say about Ukraine and Ukrainians.

Pinned

 **Sasha Meets Russia** 
@sashameetsrus

Hey @elonmusk as an American in Russia, thanks for this platform. I've been censored by @instagram at 300k followers & YouTube for sharing my experience in Russia and love for this incredible country, something that's considered a crime nowadays. I truly hoped the new @POTUS administration was going to change things, but seems like anything positive about Russia is still getting silenced. The truth shall always prevail.

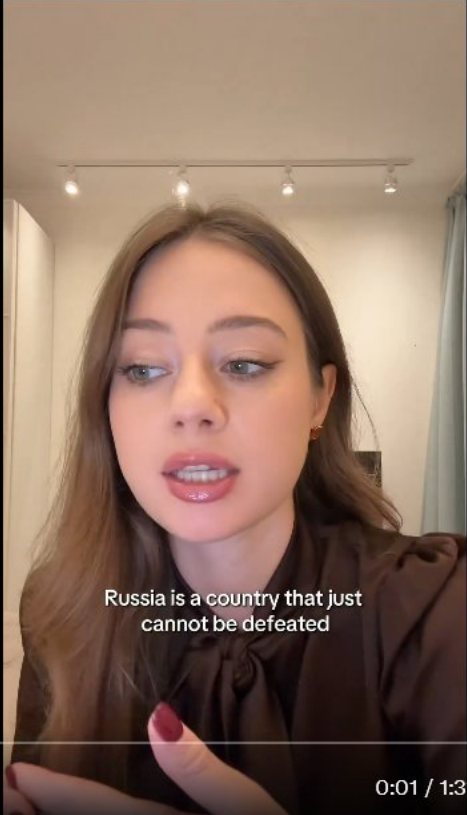
#russia #usa #freespeech #sashameetsrussia #instagram #Zuckerberg #trump #Russie #contentcreator #TheTruth #american



Last edited 10:39 PM · Apr 2, 2025 · **1.3M** Views

Sasha Meets Russia   @sashameetsrus

Don't poke the bear 🐻 Many have tried to take down Russia, all have failed.

 Russia is a country that just cannot be defeated

0:01 / 1:31

 **Readers added context they thought people might want to know**

Factual error: Russia lost the Crimean War, the Russo-Japanese War, World War 1, The Soviet-Polish War, The Soviet-Afghan War, and is in the midst of 3-year unplanned war of attrition against a smaller neighbor.

Tristan Tate   @TateTheTalisman · Jun 27

Name countries that think they're real countries but they're actually another country or not a country at all.

3.8K 619 13K 1.4M

 **Sasha Meets Russia**  @sashameetsrus

Ukraine 😊

3:49 PM · Jun 27, 2025 · 46.1K Views

Over time — perhaps following instructions from her handlers — she began addressing geopolitics and especially the Russo-Ukrainian War, mainly targeting American audiences by

suggesting that their “tax money” is being wasted in Ukraine.

9/23



Sasha Meets Rus... ✓

@sashameetsrus

Follow

In high school (2014), some Ukrainian “journalists” came to spread their misinformation to an auditorium full of naive students. Little did they know I was there, and I knew the truth. So I started questioning them in Russian, in front of everyone. You should have seen the look on their faces, they were too stunned to speak. They came to a small U.S. town, thinking they could slowly poison the minds of young Americans. They didn’t think one of those Americans also happened to be Russian. This goes to show that since 2014, Ukraine has tried to manipulate Americans (even teens!) with their propaganda.





George Galloway ✓
@georgegalloway



Great to meet [@sashameetsrus](#) A real talent, Texas Rose now happy in [#Russia](#) Follow her!



7:28 PM · Sep 19, 2025 · **226.8K** Views



Kate from Kharkiv @Bohu... · 1d

You might want to stick to exploring your Shithole, Sasha.



Sasha Meets Russia @sash... · 2d

Replying to @BohuslavskKate

Might want to change your username to Kate from KharkOv soon

151

371

10.2K

247K



Sasha Meets Russia

@sashameetsrus

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Replying to @BohuslavskKate

Can't wait to explore Kharkov, Katya

20:50 · 09 Aug 25 · 40.6K Views

In that sense, Sasha is like any other online vatnik, offering an extremely biased, one-sided view of current and past events. But what's more relevant than her commentary is the soft-power propaganda she's been producing in recent years.



Candace Owens  @RealCandaceO · Jun 24



Hear me out—

What if we went for a regime change in Israel?



jeremy scahill  @jeremyscahill · Jun 24

Trump: “They don’t know what the fuck they’re doing”:

x.com/jeremyscahill/...



4.4K

9.4K

86K

4.2M



Sasha Meets Russia  @sashameetsrus



Hear me out—

What if we went for a regime change in Ukraine?

11:05 PM · Jun 24, 2025 · **17K** Views



Sasha Meets Russia  @sasha... · 5h  

I am American. I am Russian. I am living proof that we can cooperate and stand together. Those who oppose this fear our shared strength. They know that when America and Russia find common ground, it's over for them. Knowing this, can we honestly call Russia America's enemy?



 530  166  1.5K  47.6K  

With Russia, everything is a lie — a Potemkin façade. Her job is to sell this façade to naive English-speaking audiences, creating the illusion of a conservative, spiritual, and traditional country that values family. Of course, nothing could be further from the truth.



As we saw with Tucker Carlson's trip to Moscow, Russia maintains a few polished urban centers, often featured in propaganda shots of metro stations, churches & other fancy buildings. These are then contrasted with poorer or unrestful regions of the West — especially the US.

12/23



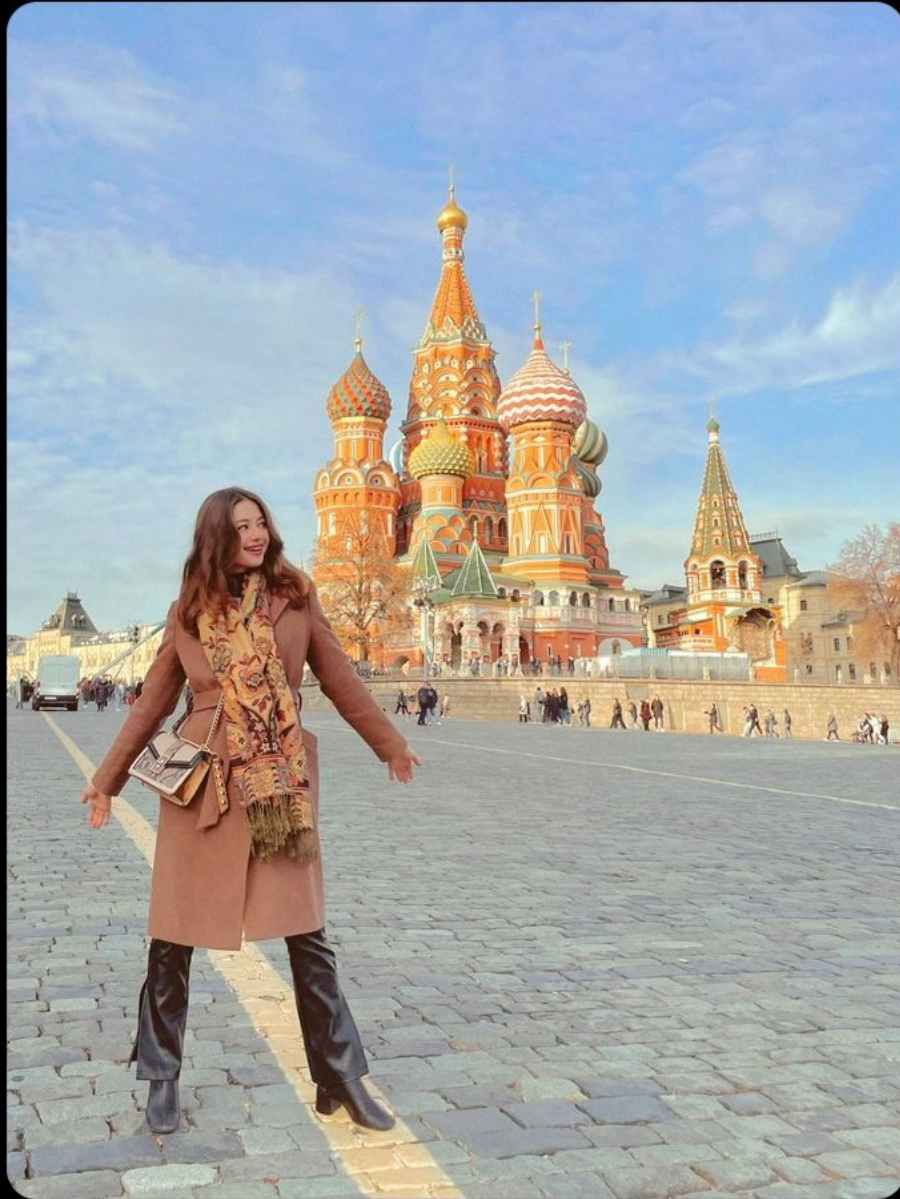




Sasha Meets Russia 
@sashameetsrus

Follow

to openly love Russia is one of the most rebellious things you can do nowadays.



Of course, this framing is completely unreal. Russia is the worst of the developed world in poor sanitation: about 23% of Russians live without a centralized sewage system, and 6% lack any sewage system at all. In rural areas, roughly two-thirds have no indoor toilets.

Indoor Plumbing Still a Pipe Dream for 20% of Russian Households, Reports Say

April 2, 2019



Alexandra promotes Russian “family values,” often showcasing photos of her own close-knit family — yet Russia has one of the highest divorce rates in the world. Domestic violence is rampant, but the problem was conveniently “solved” by decriminalizing it.



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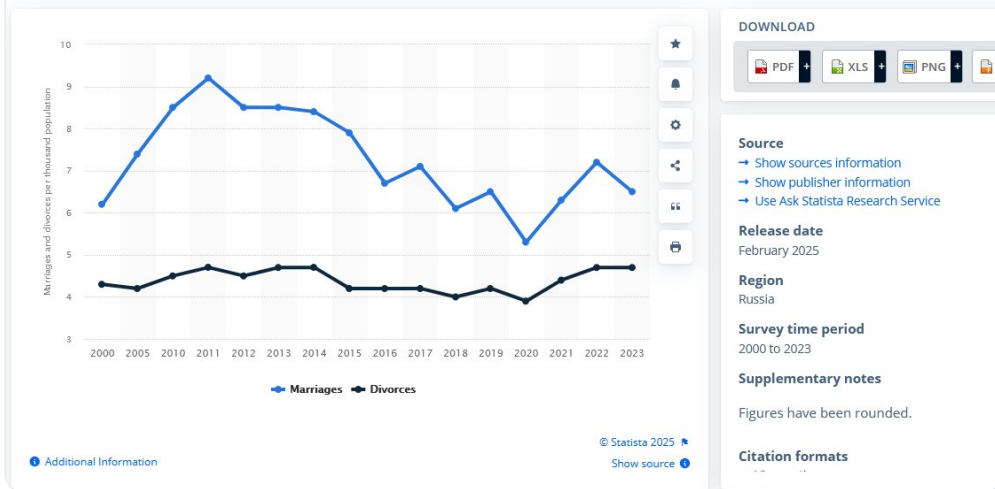


Three generations of patriotic Russian women ❤️🇷🇺



10:49 PM · Sep 23, 2025 · **50.7K** Views

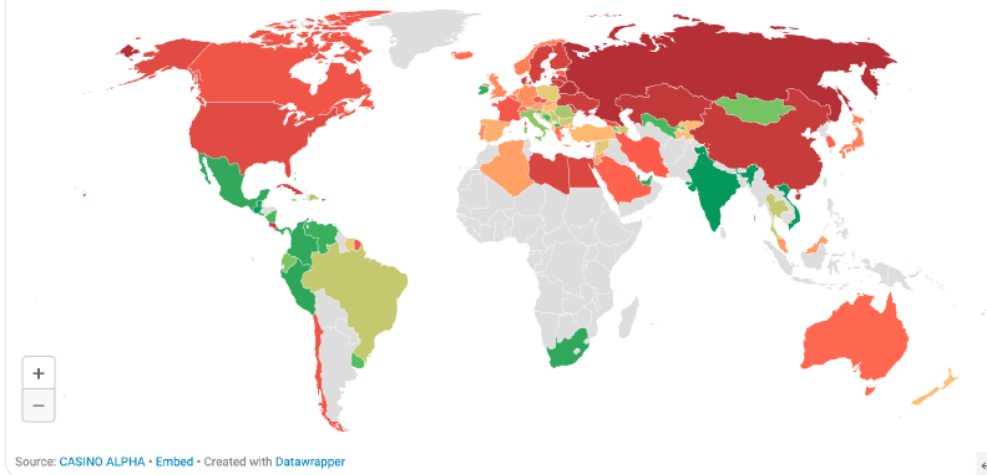
Number of marriages and divorces per 1,000 population in Russia from 2000 to 2023



World Divorce Rates

The odds of getting divorced based on your country

high medium low



Russia parliament votes 380-3 to decriminalize domestic violence

[DOUG STANGLIN](#) | USATODAY

Russia's parliament voted 380-3 on Friday to decriminalize domestic violence in cases where it does not cause "substantial bodily harm" and does not occur more than once a year.

The move, which eliminates criminal liability in such cases, makes a violation punishable by a fine of roughly \$500, or a 15-day arrest, provided there is no repeat within 12 months.

The bill now goes to the rubber-stamp upper chamber, where no opposition is expected. It then must be signed by President Vladimir Putin, who has signaled his support.

When it comes to spirituality, the picture is equally bleak: only about 9% of Russians attend church monthly, the Russian Orthodox Church has been entangled with intelligence services since Soviet times (it's even led by a "former" KGB agent), and Russia bombs churches.

15/23

RE:RUSSIA

REVIEW ANALYTICS DISCUSSION EXPERTISE

Q SEARCH RU



23.04 ANALYTICS

DECLARATIVE ORTHODOXY: AFTER TEN YEARS OF ORTHODOX PROPAGANDA, RUSSIA REMAINS A COUNTRY WITH LOW LEVELS OF RELIGIOSITY AND THE LEAST RELIGIOUS OF ALL ORTHODOX COUNTRIES

The construction of a 'traditionalist nation' opposed to the West has become the main ideological agenda of Russian authoritarianism since Putin's problematic return to the presidency in 2012. Today, Orthodoxy serves as a significant component of the official ideology, and the top Russian elite seeks to display its religious commitment and even a certain degree of religious fanaticism.



INSIGHTS / TRACECRAFT, GEOPOLITICS

Russian Orthodox Church: Spycraft and Statecraft Overlay Faith

Elisav Krongauz - February 18, 2025

Russia's foreign intelligence service, the SVR, is continuing a longstanding tradition of its Soviet-era forerunner, the KGB, by leveraging a relationship with the Russian Orthodox Church (ROC), legally known as the Moscow Patriarchate, for operational gains and to advance state influence. Outside of intelligence work, the ROC also has a longstanding role as a foreign policy tool of the state.

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[1 Current Situation and Recent History](#)

The Moscow Times
30 YEARS INDEPENDENT NEWS FROM RUSSIA

NEWS UKRAINE WAR REGIONS BUSINESS OPINION ARTS & LIFE PODCASTS ARCHIVE

Russian Patriarch Kirill Spied in Switzerland for KGB in 70s – Media

By [AFP](#)
Feb. 6, 2023



Russian Orthodox Patriarch Kirill.

Kirill Zykov / Moskva News Agency

\$30,000 Watch Vanishes Up Church Leader's Sleeve



Share full article



183



A Breguet watch on Patriarch Kirill I, left, vanished in a doctored photo, but its reflection on the table remained. The Russian Orthodox Church Web site later restored it.

Press Service of the Patriarch

By **Michael Schwartz**

April 5, 2012

Sasha also likes to depict Russia as a multicultural country that welcomes foreigners. In reality, Russia is deeply racist: over 30% of Russians express negative attitudes toward ethnic minorities, and authorities often tolerate or even exploit racism for political purposes.

16/23



Sasha Meets Russia ✓

@sashameetsrus

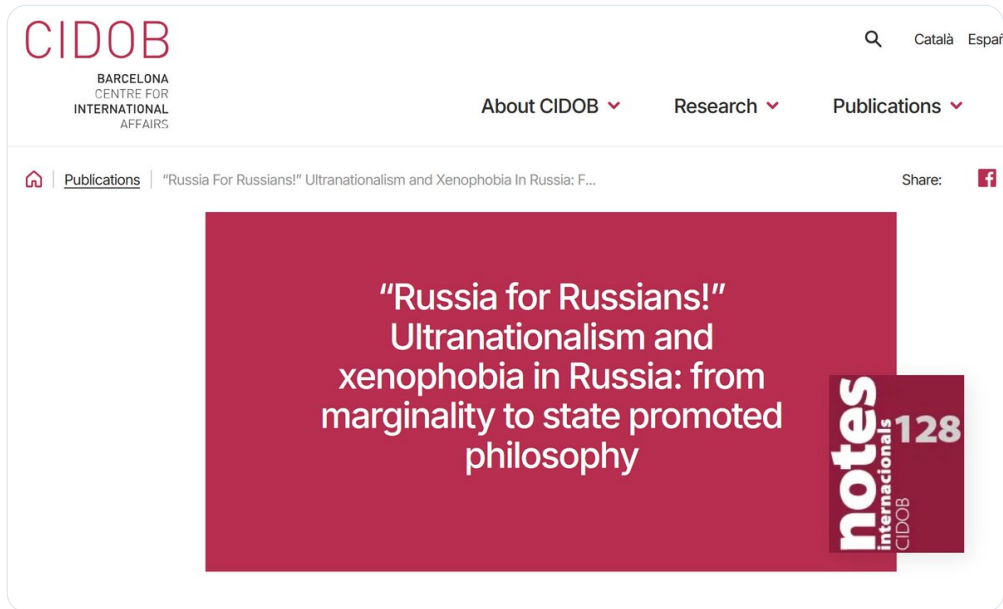


Russia isn't racist — we welcome everyone ❤️ At the World Youth Festival, people from all over the globe sang and danced to Russian music 🎵



0:27

5:45 PM · Sep 21, 2025 · **460.5K** Views



Human trafficking is rampant in Russia, ranked in the lowest Tier 3 in the Trafficking in Persons Report. The epidemic includes child sexual exploitation, while Russian law conveniently fails to criminalize possession of child pornography.

17/23



Police break up ring trafficking Kenyans to fight for Russia in Ukraine

27 September 2025

Share  Save 

Wycliffe Muia Nairobi



Some 22 Kenyans were found in an apartment awaiting processing to Russia, police say

More than 20 people have been rescued in Kenya from a suspected human trafficking ring that lured them with job offers in Russia but intended to send them to fight in Ukraine, police said.

Russia reportedly awards convicted pedophile a medal and pardon for fighting in Ukraine

5:58 pm, May 6, 2024 · Source: [Meduza](#)



The Russian authorities have reportedly given a state award to a convicted pedophile who was recruited into the army directly from prison. Ilya Belostotsky, a former children's TV show director convicted of sexually assaulting a minor in 2022, announced Monday that he had received a medal "for saving lives" while serving in the Russian army in Ukraine.

"Under Russian law, I am exempt from punishment and my criminal record has been expunged," Belostotsky told the news site msk1.ru. "Friends, rejoice — opponents, gnash your teeth."

Belostotsky was unsure of the exact reason for his nomination but suggested it might be related to saving a commander in battle. "If I ever get leave, I'll go to our unit's headquarters in Russia — that's where the decree for the award is — and then I'll find out for sure," he said.

The lawyer representing the aggrieved party in Belostotsky's trial told msk1.ru that her clients have no intention of appealing his release.

Research did not find evidence of laws or regulations to criminalize possessing child pornography or benefiting from its proceeds. In November 2014, the Criminal Law Committee of the State Duma recommended the adoption of a 2012 draft law that would define child pornography and criminalize its possession.(24-26) However, the law was not adopted during the reporting period.(27)

Sasha has also criticized the state of free speech in the UK — while failing to mention that in Russia, you can be arrested for holding a blank piece of paper. The state has murdered hundreds of journalists, and Russia now ranks 155th out of 180 in the Press Freedom Index.



Sasha Meets Russia ✓
@sashameetsrus



and yet the UK loooves to claim that Russia has “no freedom of speech”.



Tommy Robinson 🇬🇧 ✓ @TRobinsonNewEra · Sep 18

Countries with the highest number of arrests for online comments in 2023:

United Kingdom: 12,183

Belarus: 6,205...

[Show more](#)



**DO WE HAVE
FREEDOM
OF SPEECH
IN THE UK ?**

11:34 AM · Sep 20, 2025 · **15.6K** Views

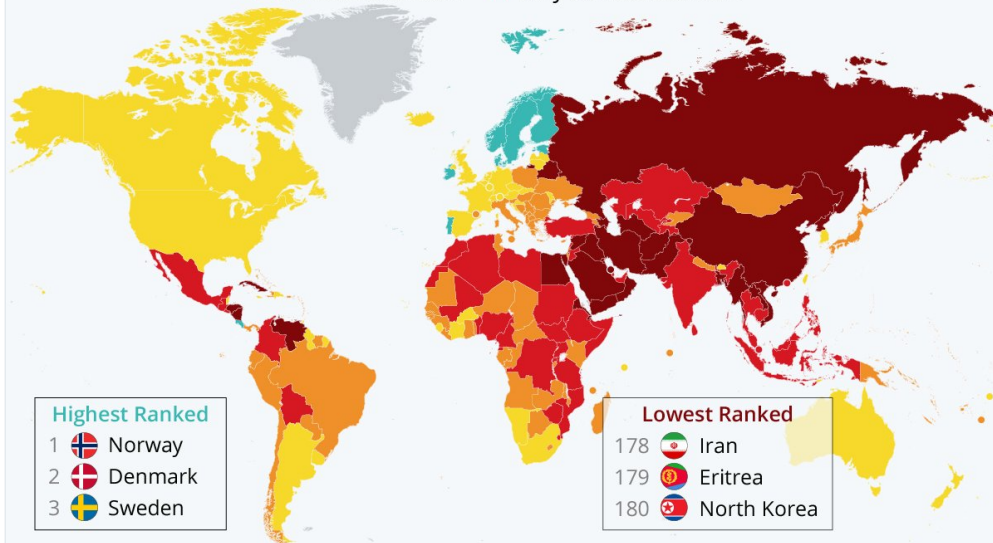




The State of World Press Freedom

Countries ranked by level of press freedom in 2022

■ Good situation ■ Satisfactory situation ■ Noticeable problems
■ Difficult situation ■ Very serious situation



Source: Reporters Without Borders World Press Freedom Index



statista

While Sasha smiles about the charms of rural Russia, the same Russia is sending wave after wave of men, especially from minorities, to die in muddy trenches in Ukraine. Those who survive often return traumatized and violent, committing serious crimes upon their return.

**Sasha Meets Russia** 
[@sashameetsrus](#)

I've decided to explore Russia...through its food! It's more than travel, it's about stories, people, and the flavors that bring us all together ❤️
Episode one drops tomorrow! Any guesses which place I'll feature first?




0:39

6:45 PM · Oct 8, 2025 · **30.7K** Views

2 Years Into Ukraine War, Russia's Ethnic Minorities Disproportionately Killed in Battle

 By Leyla Latypova
Feb. 24, 2024



Criminals go to fight for Russia and then return home to kill again

In a country with little provision for those suffering from PTSD caused by the horrors of the front, some traumatized veterans return to commit crimes.

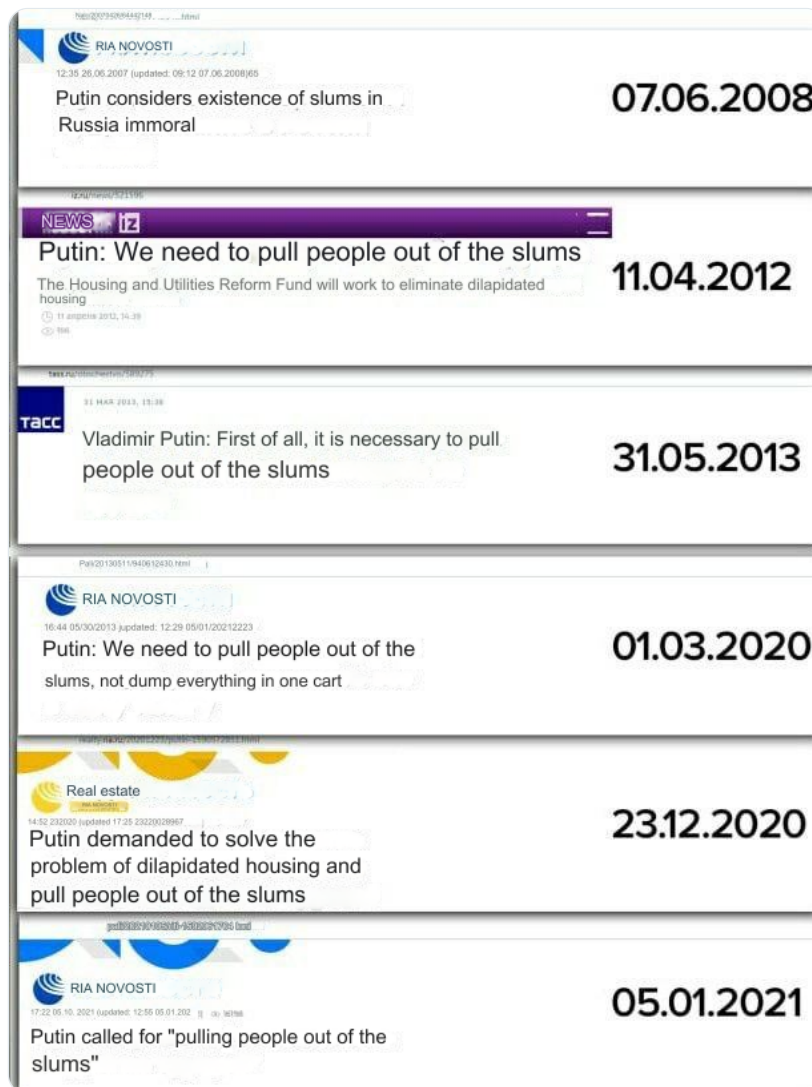
May 4, 2025

🕒 9 min ➦ 📌 🗒



A screenshot from CCTV allegedly shows Kirill Cheplygin holding a knife on the night of the killing of Yekaterina Polyanskaya. (Obtained by The Washington Post)

By [Robyn Dixon](#) and [Natalia Abbakumova](#)



While Sasha praises “multicultural” Russia, she ignores how many of these peoples were victims of imperial conquest — forced to adopt Russian language and culture or face exile or death.

Today, the state also lures in foreign workers to build its weapons.

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[HOME PAGE](#) | [ALL NEWS](#) | [RUSSIANS BAN UKRAINIAN LANGUAGE IN OCCUPIED TERRITORIES AS PART OF BROADER CULTURAL ERASURE](#)

Russians ban Ukrainian language in occupied territories as part of broader cultural erasure

[#DEFEATRUSIA](#)[JUNE 25, 2025](#)

LATEST NEWS UKRAINE

Netherlands becomes seventh nation to recognize soviet-era Crimean Tatar deportation as genocide

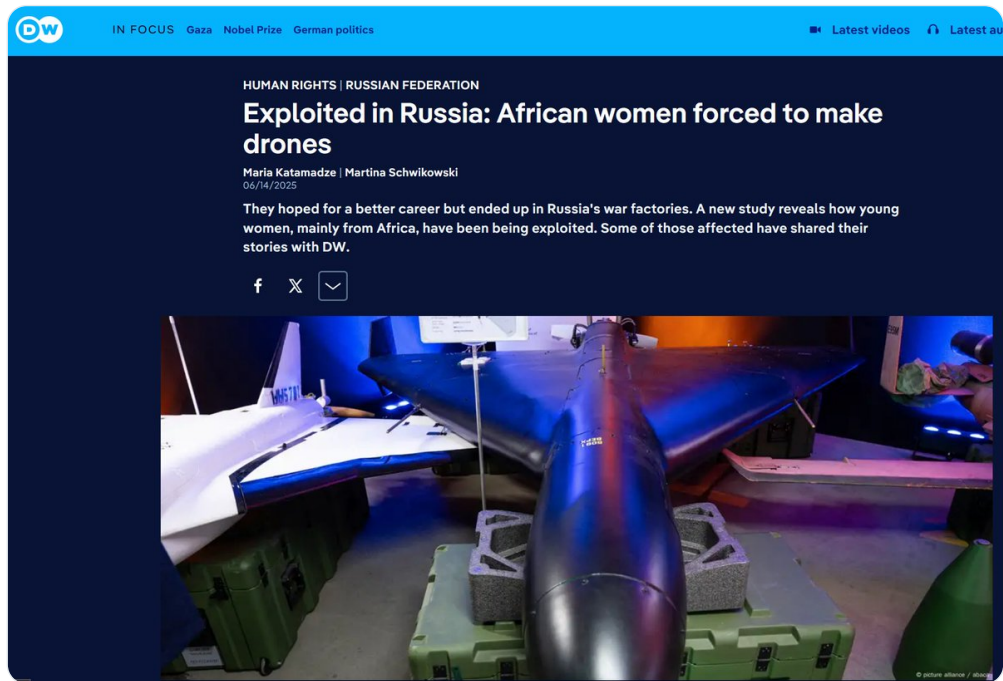
The Dutch House of Representatives declared the Soviet Union's 1944 deportation of Crimean Tatars constituted genocide, joining six other nations in formally recognizing Stalin's forced removal of over 190,000 people from the peninsula.



BY MARIA TRIL · 20/06/2025 · 2 MINUTE READ



The Dutch House of Representatives. Credit: House of Representatives

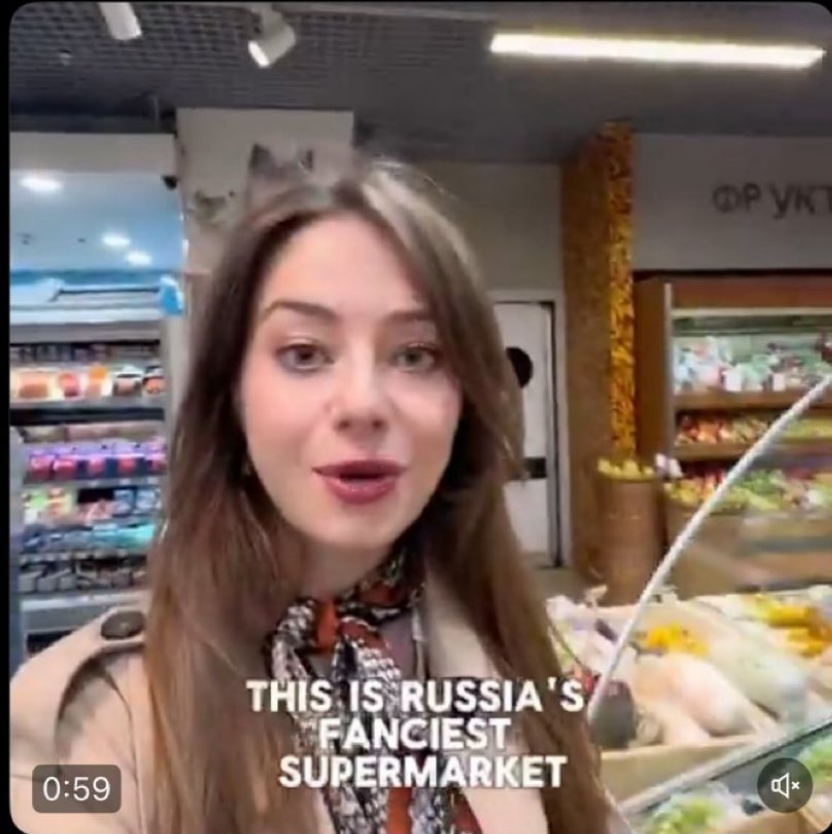


When Sasha roams fancy supermarkets in Moscow claiming that “Western sanctions have no effect,” she forgets that a significant share of Russians live in poverty, and many mothers send their sons to die in pointless wars just so that their families can afford food.



Sasha Meets Russia  @sashame... · 17h  ...

One of Russia's fanciest supermarkets! They even have original Coca-Cola here (what sanctions again?) 🤔



Old Age in Poverty: 76 % of russians Are Convinced that Their Pensions Will Not Be Enough to Live on

01/10/2025



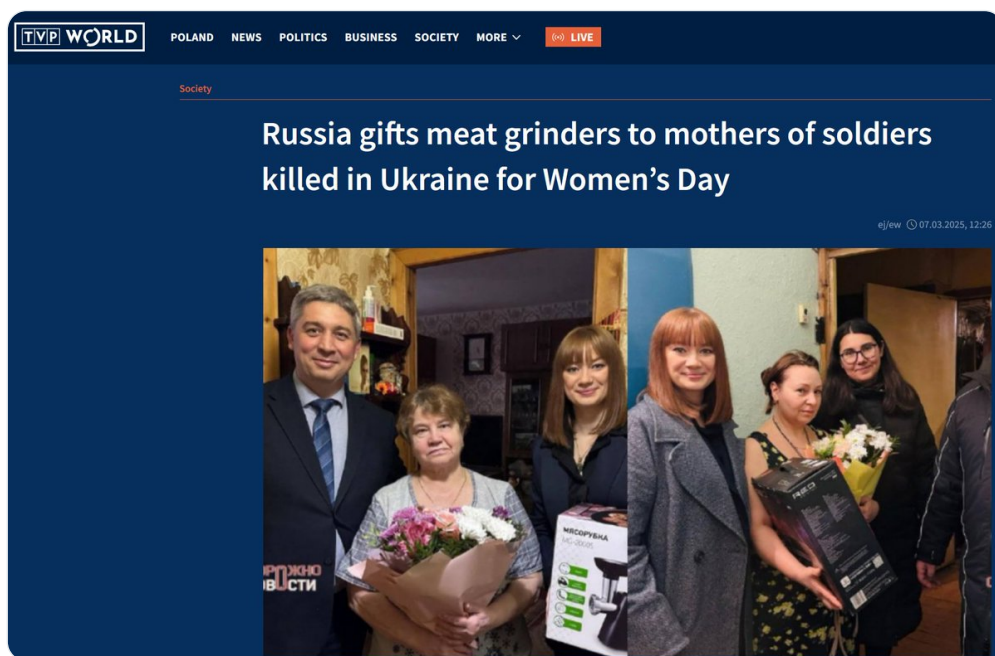
In modern russia, one's pension is not a guarantee of a dignified old age, but rather a symbol of poverty and survival. Only 17 % of russians believe that state payments will be enough for a normal life, while the vast majority (76 %) are convinced of the opposite.

In order not to be left below the poverty line, russians are forced to think about saving while they are still young: 30 % believe that one needs to start saving money for old age before the age of 25. One in four considers the optimal period to be 25–35 years of age, and another 14 % consider it to be 36–45.

At this, two-thirds of respondents (65 %) are already planning additional ways to earn money in retirement. Among them, 40 % are preparing for easy manual work, 33 % want to continue working in their profession, and 28 % count only on their own savings. Some people openly plan to feed themselves with produce from their own vegetable gardens (21 %) or hope for help from their children (15 %).

mp of the state дума from "united russia" irina rodnina has advised pensioners to "become independent" and no longer rely on the state, because a pension is just an "old-age assistance", not a full-fledged income.

In russia, pensions do not guarantee a secure and prosperous old age. For most people, retirement is not the beginning of a well-deserved rest, but a new stage in the struggle for survival.



Sasha insists “Russians are not the enemy.” Yet since 1990, Russia has invaded Moldova, Chechnya (twice), Georgia, and Ukraine, all while waging hybrid war on the West. In reality, Russia is the greatest threat to liberal democracy today.

22/23



TU

Торецьк

Мар'їнка

Вугледар

Рубіжне

Бахмут

Маріуполь

Авдіївка

Часів Яр

Соледар



To conclude: Sasha's main mission is to whitewash Russia's genocidal war on Ukraine & its grim reality of war crimes & brutal occupation with state-funded, feel-good videos.

She may fool a few gullible viewers, but no amount of smiling and dancing can hide the ugly truth.



Sasha Meets Russia  @s... · 3h  

A young indigenous Khakas girl plays a folk song in the mountains. This is why I love Russia, it's home to so many beautiful cultures ❤️





Sasha Meets Russia ✓

@sashameetsrus

Цитати



“Kharkov is a Russian city, entirely Russian-speaking.” Marina Onishchenko moved from Ukraine to Russia. Her home was burned down by the Zelensky regime, and her husband was unjustly imprisoned for exposing corruption, held in the same jail as American journalist Gonzalo Lira.

This is her truth, mirroring the silent struggles of those too afraid to tell their own.

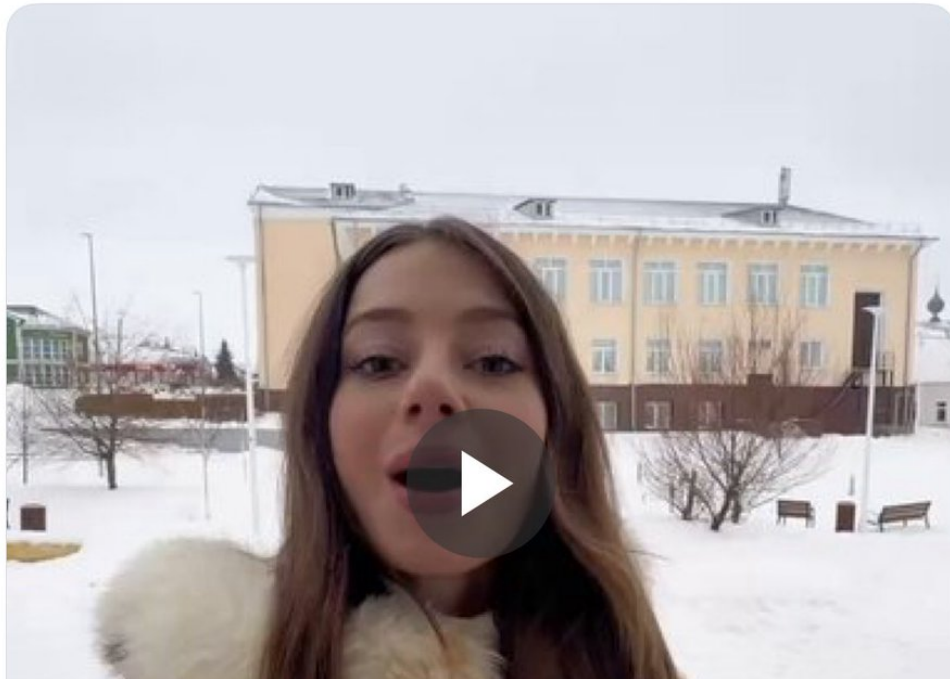


Sasha Meets Russia ✓

@sashameetsrus

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Many people seem to think Russians are starving. But even in small villages, there's plenty of food. I've traveled to some of Russia's most remote places and have never been hungry 😊 here's a video from when I visited a village supermarket.



HUMAN RIGHTS WATCH

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July 11, 2024 6:14AM EDT | News Release

Russia's July 8 Attack on a Children's Hospital in Ukraine

Emergency services work at the site of Okhmatdyt children's hospital hit by Russian missiles, in Kyiv, Ukraine, July 8, 2024. © 2024 AP Photo/Evgeniy Maloletka

(Kyiv) - Russian forces' strikes on multiple cities in Ukraine on July 8, 2024, killed at least 42 civilians, including five children, and injured at least 190, according to Ukrainian authorities. The attacks also caused significant damage to vital infrastructure, including the Okhmatdyt children's hospital in Kyiv, the country's largest children's hospital.

MORE READING

May 29, 2024 | News Release

Ukraine: Russia's Odesa Cluster Munition Attack Harms Civilians

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September 23, 2025 | News Release

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October 9, 2025 | Dispatches

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5

June 14, 2018 | Report

Leave No Girl Behind in Africa

The 2nd edition of “Vatnik Soup — The Ultimate Guide to Russian Disinformation” is officially out!

You can order your copy here:

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