



Vatnik Soup @P_Kallionemi

Jan 28, 2026 · 5 tweets · [P_Kallionemi/status/2016506763932021111](https://twitter.com/P_Kallionemi/status/2016506763932021111)

In today's (first) Debunk of the Day, we'll talk about... "realistic expectations".

Russia has the GDP of Italy. NATO – which Russia claims to be fighting – has 20 times their GDP, and a much stronger and more modern military.

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Matt Wallace 

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Anyone who believes Ukraine can beat Russia is clinically insane



Readers added context they thought people might want to know

Of the 5 large surface vessels shown in this video, 4 have been sunk. The Moskva along with 3 ropucha-class landing ships.

NATO VS. RUSSIA

NATO's GDP is 20 times greater than Russia's



NATO has 3.2 million military personnel compared to Russia's 1.2 million



4x
as many tanks as Russia



6x
as many Armoured Fighting Vehicles



4x
as many pieces of Artillery & Fires



3x
as many submarines



4.5x
as many warships



16 Aircraft carriers
to Russia's one



4x
as many attack helicopters



8x
as many transport aircraft



3x
as many fighter aircraft



Russia's full scale invasion was supposed to take 2 days, but we're nearing 4 years. They've lost a million men. Their economy is in shambles.

And yet we're letting them set their red lines instead of massive sanctions, strong support for Ukraine, and an immediate sky shield.



<https://twitter.com/i/web/status/2016506766654087345>

Russia thought their war was “realistic” because we’d let them get away with it. It wouldn’t be “realistic” to invade a European nation and redraw borders by force if the West had a strong and united response.

What’s “realistic” is what public opinion tolerates and accepts.

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LOSSES OF THE RUSSIAN OCCUPIERS IN UKRAINE



from February 24, 2022 to January 28, 2025

Eliminated personnel

~1236570 +690

Aircraft	434
Tanks	11609
Helicopters	347
Armored fighting vehicles	23958 <small>+4</small>
Cruise missiles	4205
Artillery systems	36713 <small>+22</small>
Warship & boats	28
Multiple Launch Rocket Systems	1629 <small>+1</small>
Submarines	2
Air defense systems	1286
Vehicles & fuel tanks	76102 <small>+77</small>
UAVs	117724 <small>+1012</small>
Special equipment	4053 <small>+2</small>

From the reports of the General Staff of the Armed Forces of Ukraine

Russia knows Ukraine's borders and Ukrainians will keep fighting. The EU and NATO are here to stay and we have nukes too. It's realistic to remember all this. Lobby your politicians, don't vote for those who want to surrender to Russia.

Donate to Ukraine and help Ukraine win.

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<https://twitter.com/i/web/status/2016506772211524068>

President Zelenskyy tells a joke



The times are tough now, but people keep on joking.

<https://twitter.com/i/web/status/2016506772211524068>

And if you understand how Russia's massive propaganda has been crucial in convincing the West to remain passive while European cities are bombed every day, support our work:

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