



Vatnik Soup @P_Kallioniemi

Jan 28, 2026 · 5 tweets · [P_Kallioniemi/status/2016506763932021111](#)

In today's (first) Debunk of the Day, we'll talk about... "realistic expectations".

Russia has the GDP of Italy. NATO — which Russia claims to be fighting — has 20 times their GDP, and a much stronger and more modern military.

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Anyone who believes Ukraine can beat Russia is clinically insane



Readers added context they thought people might want to know

Of the 5 large surface vessels shown in this video, 4 have been sunk. The Moskva along with 3 ropucha-class landing ships.

NATO VS. RUSSIA

NATO's GDP is **20 times**
greater than **Russia's**



NATO has **3.2 million**
military personnel
compared to **Russia's**
1.2 million



4x
as many
tanks as
Russia



6x
as many
Armoured
Fighting
Vehicles



4x
as many
pieces of
Artillery
& Fires



3x
as many
submarines



4.5x
as many
warships



16 Aircraft
carriers
to Russia's one



4x
as many
attack
helicopters



8x
as many
transport
aircraft



3x
as many
fighter
aircraft



Russia's full scale invasion was supposed to take 2 days, but we're nearing 4 years. They've lost a million men. Their economy is in shambles.

And yet we're letting them set their red lines instead of massive sanctions, strong support for Ukraine, and an immediate sky shield.



<https://twitter.com/i/web/status/2016506766654087345>

Russia thought their war was “realistic” because we’d let them get away with it. It wouldn’t be “realistic” to invade a European nation and redraw borders by force if the West had a strong and united response.

What’s “realistic” is what public opinion tolerates and accepts.

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LOSSES OF THE RUSSIAN OCCUPIERS IN UKRAINE



from February 24, 2022 to January 28, 2025

Eliminated personnel

~1236570 ⁺⁶⁹⁰



Tanks

11609



Aircraft

434



Helicopters

347



Armored fighting vehicles

23958 ⁺⁴



Cruise missiles

4205



Artillery systems

36713 ⁺²²



Warship & boats

28



Multiple Launch Rocket Systems

1629 ⁺¹



Submarines

2



Air defense systems

1286



Vehicles & fuel tanks

76102 ⁺⁷⁷



UAVs

117724 ⁺¹⁰¹²



Special equipment

4053 ⁺²

From the reports of the General Staff of the Armed Forces of Ukraine

Russia knows Ukraine's borders and Ukrainians will keep fighting. The EU and NATO are here to stay and we have nukes too. It's realistic to remember all this. Lobby your politicians, don't vote for those who want to surrender to Russia.

Donate to Ukraine and help Ukraine win.

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<https://twitter.com/i/web/status/2016506772211524068>



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And if you understand how Russia's massive propaganda has been crucial in convincing the West to remain passive while European cities are bombed every day, support our work:

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